



# **4-H Family News**



## **Marching forward...**

Can you believe it's already March? This year feels like it has been flying! As always, this newsletter is packed with great info about upcoming opportunities for youth who want to engage with 4-H!

We have an exciting new 6-week SPIN Club being led by our very own Colleen VanGoethem. The 4-H Spa SPIN Club is open to youth ages 9-14 and will meet on Wednesdays at 4p starting in April – right here at the MSU Office! Find the flyer <u>here</u>.

The Ogemaw East Branch Library is also looking for youth to enroll in their brand-new SPIN Club, which focuses on plants and animals. The club will feature many fun, hands-on opportunities to grow flowers, raise chicks, learn about frogs and tadpoles, learn about beekeeping, and more! Find more info & enrollment details <u>here</u>.

Explorations Days registration opens at 7 pm on March 21<sup>st</sup>! The session book can be viewed <u>here</u> and there's a helpful session planning sheet on our website (and <u>later</u> in this newsletter).

And finally, I am looking forward to diving into planning spring and summer programs, and welcome suggestions and requests! Stay tuned for Earth Month programming coming up in April!

- Enya de Feijter

## **TABLE OF CONTENTS**

### (click to be taken to the page!)

County Calendar of Events Volunteering with 4-H

Ogemaw East Branch<br/>"Watch Us Grow" 4-H SPINExploration Days:<br/>Chaperones!ClubStatewide Calendar of

4-H Spa SPIN Club

<u>Events</u> Statewide 4-H News

Statewide Save-the-Dates

4-H Exploration Days

Expo Days Info Sessions

<u>4-H Exploration Days</u> Session Planning Sheet

Ogemaw County 4-H Senior Scholarships

## CONTACT US

Enya deFeijter

4-H Program Coordinator

defeijte@msu.edu

Cell: 517-881-1660

**Colleen VanGoethem** 

MSU Extension Support Staff

MSUE.Ogemaw@msu.edu

Phone: 989-345-0692

## MAIN OFFICE

(989) 345 - 0692

msue.ogemaw@msu.edu

## **FIND US ONLINE**

https://www.canr.msu.edu/ogemaw/4-h/

https://www.facebook.com/MSUExtension OgemawCounty4H/

MSU is an affirmative-action, equal-opportunity employer, committed to achieving excellence through a diverse workforce and inclusive culture that encourages all people to reach their full potential. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. Issued in furtherance of MSU Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Quentin Tyler, Director, MSU Extension, East Lansing, MI 48824. This information is for educational purposes only. Reference to commercial products or trade names does not imply endorsement by MSU Extension or bias against those not mentioned.



## **COUNTY CALENDAR OF EVENTS**

#### March

<u>4-H Exploration Days Virtual Info Session</u> -Zoom | March 13th, 6p-7p

<u>4-H Exploration Days Info Session - MSU</u> Extension Office | March 14th, 6p - 7p

<u>Ogemaw 4-H Council Meeting – MSU</u> Extension Office | March 16<sup>th</sup>, 6p-7p

#### April

Earth Month Celebration - Location & Date TBD

Ogemaw 4-H Livestock Committee Meeting - MSU Extension Office | April 13<sup>th</sup>, 6p-7p

Youth for the Quality Care of Animals Training - MSU Extension Office | April 24th, 5:30p-7p

#### May

Youth for the Quality Care of Animals Training - MSU Extension Office | May 16th, 5:30p-7p

Ogemaw 4-H Council Meeting – MSU Extension Office | May 18<sup>th</sup>, 6p-7p

Exploration Days Orientation Session - MSU Extension Office | May 22nd, 6:30p-8p

#### June

Youth for the Quality Care of Animals Training - MSU Extension Office | June 14th, 5:30p-7p

Ogemaw 4-H Livestock Committee Meeting - MSU Extension Office | June 15<sup>th</sup>, 6p-7p

<u>4-H Exploration Days - MSU Campus, East</u> Lansing | June 21st-23<sup>rd</sup>

### July

Youth for the Quality Care of Animals Training - MSU Extension Office | July 20th, 5:30p-7p

4-H Forestry Camp w/ Roscommon County 4-H - Gahagan Nature Center | Date TBD

### August

Ogemaw & Iosco 4-H "Woods to Water" Summer Day Camp - Locations TBD | August 10th & 11th, 9a-4p

### 2023 Ogemaw County Fair

#### September

Ogemaw 4-H Info Sessions - Locations & dates TBD

#### October

National 4-H Week - October 1st-7th

Ogemaw 4-H Fall Recognition Banquet -Location TBD | October 22nd, 2p-4p

Events are subject to change!

## "WATCH US GROW" 4-H SPIN CLUB



Join the Ogemaw East Branch Library for a fun 4-H club all about plants and animals! Members will get to explore fun activities that include planting seeds, learning about wiggly worms, raising chicks, watching tadpoles grow, and more!!

Meetings will be at 4:30pm on the 2nd & 4th Thursday of the month at the Ogemaw East Branch Library. Open to ages 5–19, ages 8 and above recommended.

## **Register at V2.4HONLINE.COM**

Contact Us!

989-345-0692

MSUE.Ogemaw@msu.edu



MSU is an affirmative-action, equal-opportunity employer, committed to achieving excellence through a diverse workforce and inclusive culture that encourages all people to reach their full potential. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. Persons with disabilities have the right to request and receive reasonable accommodations. Accommodations for persons with disabilities may be requested by contacting Ogemaw 4-H at MSUE.Ogemaw@msu.edu or 989-345-0692 at least one week prior to the event to make arrangements. Requests received after this date will be fulfilled when possible.

## MSU EXTENSION 4-H EXPLORATION DAYS

A MICHIGAN STATE UNIVERSITY PRE-COLLEGE PROGRAM

## YOUTH WILL:

Experience campus living

- Develop and expand their career and personal interests
- Increase their responsibility, independence, accountability, problem- solving, decision making and time management skills

## \$220

covers meals, lodging, all event activities and a T-shirt.

## \$100 IN SCHOLARSHIPS FOR OGEMAW 4-H YOUTH TO ATTEND!



## **Contact us to learn more!**

MSUE.Ogemaw@msu.edu

(989) 345-0692

canr.msu.edu/4\_h\_exploration\_days/



Ogemaw 4-H Exploration Days Info Session

Have you heard of 4-H Exploration Days, often called "Expo Days", but aren't sure what it is? You're in luck! We are offering two info sessions to Ogemaw County 4-H families, designed to give you a background and overview of the event. We will touch on the general "things-to-know", how to register, what's offered, and give time for questions. More info on the event can also be found at the <u>4-H Exploration Days website</u>.

There will be one virtual (<u>March 13<sup>th</sup></u>) and one in-person (<u>March 14<sup>th</sup></u>) info session! Both will cover the same content.

These are completely <u>optional</u> informational sessions, and attendance at the info session is NOT required for registration!





## **2023 4-H Exploration Days Session Planning Sheet**

## Participants should select:

Session A & Session B + Session D

OR

Session C + Session D

Sessions fill up fast! After filling in your first choice for a session, it's a good idea to list a few backups in case your first choice fills up! List your first choice session code, and several backups, below BEFORE registration.

*use the session codes (ex: A- 13, B-31, etc.)*	Session A (Thursday MORNING)	Session B (Thursday AFTERNOON)	Session C (Thursday FULL DAY)	Session D (Friday MORNING)
1st Choice				
2nd Choice				
3rd Choice				
4th Choice				
5th Choice				

EXAMPLE						
*use the session codes (ex: A- 13, B-31, etc.)*	Session A (Thursday MORNING)	Session B (Thursday AFTERNOON)	Session C (Thursday FULL DAY)	Session D (Friday MORNING)		
1st Choice	A-2	B-39		D-33		
2nd Choice	A-27	B-13		D-45		
3rd Choice			C-12	D-34		
4th Choice			C-6	D-47		
5th Choice	A-36	B-2		D-24		





Take a deep breath and join 4-H at the 4-H Spa SPIN Club! Participants will get to make body butter, zen gardens, lip balm, body scrubs, and more as they learn the art of relaxation.

Spaces are LIMITED! Open to those ages 9-14. Meets on Wednesdays at 4pm – beginning April 5th!

## **Register at V2.4HONLINE.COM**

Contact Us!



989-345-0692

205 S 8th ST, WEST BRANCH, MI

MSUE.Ogemaw@msu.edu





MSU is an affirmative-action, equal-opportunity employer, committed to achieving excellence through a diverse workforce and inclusive culture that encourages all people to reach their full potential. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. Persons with disabilities have the right to request and receive reasonable accommodations. Accommodations for persons with disabilities may be requested by contacting Ogemaw 4-H at MSUE.Ogemaw@msu.edu or 989-345-0692 at least one week prior to the event to make arrangements. Requests received after this date will be fulfilled when possible.



## OGEMAW COUNTY 4-H SENIOR SCHOLARSHIPS

If you have been an active Ogemaw 4-H member for at least 3 years and are interested in attending college, a university or trade school, please consider taking advantage of this scholarship opportunity offered by the Ogemaw County 4-H Council! The application form should be completed and either mailed to the address provided in the application packet or scanned and emailed to Ogemaw 4-H (MSUE.Ogemaw@msu.edu) by 4pm on the date of the deadline specified in the application (**March 31st, 2023**). Be sure to leave time to obtain the required recommendations!



These awards will be paid directly to the college/university to be used to assist in educational expenses. The scholarship committee will conduct personal interviews after the application deadline, so please be on the lookout for a letter and email with your scheduled interview date and time. The application packet can be found below:

#### FILLABLE PDF SCHOLARSHIP APPLICATION PRINTABLE SCHOLARSHIP APPLICATION

We do not want cost to be a barrier to participation for our 4-H members! Current 4-H members can request financial support from the Ogemaw County 4-H Council or the Ogemaw 4-H Small & Large Animal Advisory Committee to attend MSU and 4-H activities. A short application for scholarships can be found **HERE.** 

Scholarships are great for opening doors for youth to attend events like youth conferences, training workshops, or other educational opportunities around the state!

## OGEMAW COUNTY 4-H COUNCIL SCHOLARSHIPS





## **VOLUNTEER WITH US!**

## We are looking for volunteers to offer new opportunities for the community!



Where many see challenge, kids see OPPORTUNITY. Whether you want a short-term volunteer experience or a long-term role, 4-H has an opportunity for you! Because <u>safety is our No. 1 priority</u>, we are committed to a thorough Volunteer Selection Process that can include an application, national and state background checks, references, an interview and online training modules. There is no charge to you as a volunteer for these background checks or the selection process.

## **Click here to learn more & apply!**



## You can volunteer in a variety of ways – short or long-term!

You can volunteer in a number of roles, but the common ones are....

•4-H Club Leader (also called "traditional" leader, project leader): 4-H project leaders help guide the club's members in planning their annual club program, conducting club business, electing youth officers, and learning about/engaging with one or more 4-H projects. They often teach the educational component of the club program and engage with guest speakers. They help organize and facilitate a series of project lessons, usually 4 - 6 meetings or more. Project leaders help members complete project record books and prepare for events like achievement days or the county fair.

•<u>4-H Administrative Leader</u>: 4-H administrative leaders help with club logistics and organization. They may manage the club inventory and financial records, enrollment, attendance, and coordinate guest speakers alongside the project leader(s). They may also take point on fundraisers, event planning, and assist with teaching club members about their projects alongside the project leader(s). This role is perfect for those that feel they have strong organizational and planning skills, and don't mind doing paperwork!

•Short Term Volunteer (also called "resource volunteers"): Volunteers in this role lead an activity, assist with a program, or volunteer at any of our annual events. They may share a skill or interest they have with an existing club or after school program, or help out at an organized workshop. Or they may choose to be a chaperone or accompany a youth group to a special event or activity. *Example: you want to volunteer to be a chaperone for 4-H Exploration Days* 

•**SPIN club leader:** SPIN clubs are SPecial INterest clubs and only meet for a short time- generally not more than 6 meetings per year (8-9 hours per year). These clubs typically take on a single project with a small group of kids (at least 5 youth). Not as intense as a traditional leader, but every bit as rewarding - similar to a resource leader, but this role takes on a club leadership in the short-term. *Example: you want to lead a 6-week summer SPIN Club about ice cream* 

•4-H Advisory Group Member: Individuals may participate as members of local 4-H advisory groups or special committees (i.e. the Livestock Committee). Committee members often have less direct involvement with youth and serve in more of an administrative role in the 4-H program. *Example: you want to participate in the 4-H Council to help guide the growth of 4-H in the community* 

## **VOLUNTEER WITH US!**

### We will supply resources, help with enrollment and marketing, and help you find activities and curriculum!



At the core of Michigan 4-H, and critical to the success of its youth, are thousands of volunteers who give their time and talents to grow 4-H'ers. As they provide hands-on guidance and real-world experience, these volunteers also offer young people another crucially important element: a healthy adult role model who helps to grow their confidence and ignite their dreams for the future.

One of the perks? Staff will support you and help you acquire resources, ideas, curriculum, marketing.... We are here to support you every step of the way & help you get off the ground with your club or program!

### So you want to volunteer... but don't know topics to do?

There are a ton of topics out there to consider when it comes to offering a club or program. From astronomy to cooking, archaeology to spa days, and woodworking to safari adventures.... there are also great resources out there with supply lists, program outlines, and more.

Rest assured; we are here to help you find an activity you WANT to lead!

One of my favorite resource libraries is provided by Utah State University Extension's 4-H program! They have a wealth of "Discover 4-H" program and activity guides. Check them out <u>here</u>!

Have an idea for a club, but don't know where to start? Get ahold of us! We are happy to brainstorm with you!

# SHOOTING FRANK BY DOMES

Interested in shooting sports, and getting kids engaged in learning firearm & archery safety and shooting skills? Become a shooting sports volunteer! Learn more at: <u>canr.msu.edu/shooting\_sports/le</u> ader-training-tools

## **CONTACT:**

989.345.0692

MSUE.Ogemaw@msu.edu

HAPERONE

LET'S HELP YOUTH EXPERIENCE 4-H EXPLORATION DAYS!

### LEARN MORE AT THE LINK BELOW

## https://bit.ly/3EMGLV4

interested in being a chaperone for Ogemaw County 4-H? please get in touch with us at MSUE.Ogemaw@msu.edu or call us at 989-345-0692!

Extension

## **Role Description for 4-H Exploration Days**

#### **Purpose:**

To assist with providing a safe, nurturing environment in which youth participants can participate fully in a precollege experience.

#### Chaperones must.....

- Complete the MSU Extension Volunteer Selection Process, be accepted, enrolled in 4-HOnline, and in the Active Gold Volunteer Central activity status.
- Must complete 4-H Exploration Days Volunteer Orientation and 4-H Chaperone Training
- Arrive on site before the first youth in the delegation is expected to arrive, no later than 8 am if the delegation isn't coming all together, and remain on site until the last youth has been picked up or until excused by the lead chaperone
- Successfully complete all training prior to event, including 4-H Chaperone Module in Volunteer Central
- Participation and support of staff in Country Orientation meetings

#### **Responsibilities:**

- Provide direction, encouragement and support to all assigned youth within your county delegation
- Assist with check in and check out procedures with direction from the county Lead Chaperone.
- When chaperones are not on the assigned housing floor, they are expected to post a notice on their door informing the youth they are chaperoning where they can be easily found and send notice to the youth they are chaperoning through any additional methods that the county is using for communication (example: text messages, Remind, GroupMe).
- Conduct nightly room checks in coordination with Lead
  Chaperone.
- Work with county staff member or Lead Chaperone (when county staff are not present at event) for any behavior needs.
- Ensure youth participants are finding sessions, meals, and other activities at the event they are interested in.

Conduct five youth and chaperone huddles throughout the event to your specific chaperone group up to eight youth. These mandatory meetings will give you a chance to touch base with youth after sessions, before and after evening activities, before bedtime, and just before check-out and departure.

MICHIGAN STATE

- Serve as a session support for at least one session, if not serving as a session instructor. (See session support position description)
- During free time or during any non-session times, provide supervision and encouragement to participants and sign up to assist with free time support roles Be present for and assist the Lead Chaperone, as needed, with the following meetings during the event:
  - County orientation at the event
  - Any specific check-in times between participants and chaperones
- Touch base with the Lead Chaperone to share any questions or concerns participants encountered while checking in/checking out or throughout the event.

## **STATEWIDE CALENDAR OF EVENTS**

### Win prizes with 4-H Money Contests



Money, money, money! In honor of Financial Awareness Month held each April, MSU Extension is coordinating two contests with an opportunity to win... money!

Youth ages 9-12 can write a short essay of 300 words or less for a chance to win a \$100 gift card in the Cash Composition Contest.

Youth ages 13-19 can participate in a 30question online challenge for a chance to win a \$25 gift card in the Show Your Money Smarts Contest.

Learn more at <u>homey-</u> <u>homey-</u>

#### March 2: Build Your Future - Career Education for Youth

Adults who work with youth are encouraged to join this webinar session to learn ways to implement career education and workforce development skills with youth!

www.canr.msu.edu/events/build-your-future-mar-2

#### March 10: 4-H Teen Fun Night

The Northern Center & Fox Den Restaurant, Houghton Lake

Teens from Roscommon and surrounding counties are invited for a night of video games, basketball, board games, cards, food, fun and making friends.

https://www.canr.msu.edu/events/4-h-teen-fun-night-march-2023

#### March 11-12: Tollgate Farm Maplefest

Identify and tap a maple tree, tour the sugar shack, explore fun maplethemed activities, take a wagon ride, taste maple sap, syrup and sugar, and explore maple tools and technology. Enjoy pancakes, sausage, coffee, cocoa and real maple syrup in the historic 19th-century barn.

www.canr.msu.edu/events/msu-tollgate-farm-maplefest

#### March 14: Wild Spartans Series - Upland Bird Conservation

Meet Pheasants Forever and Quail Forever Education and Outreach Manager Marissa Jensen. Learn about her field work and the education and career path she followed to get there.

www.canr.msu.edu/events/wild-spartans-series-march-2023

#### March 16: Adulting 101 – Paycheck and Taxes

Understanding why and how taxes and other items are deducted from a worker's paycheck is an important step toward gaining financial knowledge. Explore what taxes are and why we pay them. See how taxes affect your salary vs. your take home pay.

#### www.canr.msu.edu/events/adulting3-16-23

#### March 18: 4-H Hippology Contest

Participants will be able to demonstrate their experience and knowledge gained in horse judging, quiz bowl, speeches and practical horse management. Register by March 3.

www.canr.msu.edu/events/mi-4-h-hippology-contest





## **STATEWIDE 4-H NEWS**

### Apply for the Michigan 4-H State Awards!

Michigan 4-H true leaders ages 11 and older have an opportunity to be recognized for the great work they do in 4-H and develop their career skills by completing a state award application. A Michigan 4-H State Award is the highest honor bestowed on a Michigan 4-H member and provides an opportunity to receive recognition for their engagement in rich learning experiences that result in outstanding knowledge and life-skill development.



State award applications are divided into four categories: Mark of Excellence essay contest (11-12 years old), junior state award (13-15 years old), senior state award (16-19 years old) and group awards (13-19 years old). The application process and selection is determined by the age of the 4-H member.

More information about the Michigan 4-H State Award process can be found online at http://bit.ly/stateaward. Applications are due April 1. For more information, contact your 4-H program coordinator or email Betty Jo Krosnicki at nashbett@msu.edu or Janice Zerbe at rajzerj@msu.edu.



## **Register for Michigan 4-H Volunteer Webinar Series!**

Join Michigan 4-H for an online webinar series that will provide volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers.

There will be a minimum of six topics offered throughout the year, with each topic offered twice (once as a daytime and once as an evening option). Everyone who attends at least four of the live webinars will receive a certificate at the end of the series.

The session dates and topics for the first three months are:

- **Building the Value of Your 4-H Club:** This session will focus on the key components of creating a club environment and how that leads to positive outcomes.
  - February 28, from 12:00 1:00 p.m. or 7:00 8:00 p.m.
- **Creating a Welcoming 4-H Club:** This session will allow you to learn new strategies as well as share methods that have worked for you.
  - March 16, from 12:00 1:00 p.m. or 7:00 8:00 p.m.
- **Energizing Your 4-H Club Meetings:** Learn quick and engaging activities to make your next meeting both fun and functional. Have fun and learn ways to help everyone participate at their own comfort level.

April 13, from 12:00 - 1:00 p.m. or 7:00 - 8:00 p.m.

For registration links or more information, visit <u>www.canr.msu.edu/volunteering/mi-4-h-volunteer-webinar-series.</u>



# Save-the-Date for these Michigan 4-H statewide events and programs!

- ✓ Michigan 4-H Dairy Conference: March 3-5
- Michigan 4-H Shooting Sports Instructor Training Roscommon: March 4
- ✓ <u>2023 4-H Skillathon March 4th & 11th (Qualifiers) and March 18th</u> (State Championship)
- Michigan Youth Livestock Conference March 11th
- ✓ <u>4-H Capitol Experience March 12-14</u>
- Michigan 4-H Hippology Contest: March 18
- ✓ <u>Hairy Horse Show: April 15</u>
- ✓ Michigan 4-H / FFA Horse Judging Contest: April 16
- ✓ <u>SW Michigan 4-H Regional Shooting Sports Tournament: June 11</u>
- ✓ Michigan 4-H State Goat Show: June 17
- ✓ Michigan 4-H Exploration Days: June 21-23
- ✓ Great Lakes Natural Resources Camp: July 23-29
- ✓ 2023 Michigan 4-H State Dog Show August 12
- ✓ Michigan 4-H Horse Show: August 18-20
- August 19 Michigan 4-H Shooting Sports Tournament (aka State Shoot)

## Click the events above to learn more! Webpages are updated as information and registration becomes available.